

# Module 2: Music, Frequency, and Healing

Weekly Book Reading Assignments from *Maturing as a Mystic: Workbook* by Del Hungerford

The goal is to activate you spiritually. We may or may not go over every activation on the Zoom calls, but we will choose one to do each month. What we do depends on who is on the call.

We've gone through some of this in Module 1 but the goal with Module 2 is to activate you in the principles outlined in the book to assist you in walking in the "come-up-here" principle. Those who've been through this process understand the importance of getting our revelation from heaven first, then releasing it into the earth. This book is meant to help you through that process. Although it's not part of the lessons, it will help you get THROUGH the lessons so you can function with your creative piece with your full potential.

We'll choose one chapter per month to "activate" in you on the Zoom calls. Those assignments are as follows:

- Lesson 1: Chapter 2 - Dealing with Familiar Spirits
- Lesson 2: Chapter 4 - Being Yoked with Christ
- Lesson 3: Chapter 8 - Your Personal Mountain
- Lesson 4: Chapter 4 - First Chamber of the Heart - The Garden
- Lesson 5: Chapter 9 - Second Chamber of the Heart - The Dance Floor
- Lesson 6: Chapter 11 - The Mobile Court
- Lesson 7: Chapter 5 - The Temple of the Holy Spirit - Outer Court
- Lesson 8: Chapter 6 - The Temple of the Holy Spirit - Inner Court
- Lesson 9: Chapter 7 - The Temple of the Holy Spirit - Holy of Holies
- Lesson 10: Chapter 12 - The Seven Spirits of God
- Lesson 11: Chapter 13 - Life Scrolls
- Lesson 12: Chapter 14 - Cloud of Witnesses

For each lesson, you'll read the assigned chapter. Start putting what you've read into practice. Go at a pace that works for you. Create note cards, write exercises in your journal, and do whatever is a helpful reminder for you. Do set aside daily time where you can get quiet. This can be on your way to work, while you walk the dog, or whenever you're away from others. Cater the exercises to your own specific needs and desires. If you need more information, I highly recommend that you find Mike Parson's teachings on YouTube under the "Deep Calls to Deep" conference. He goes over much of what is discussed in my book at that conference and includes some great scriptural references. I'll let you do some digging to find that conference.